



GRAMPOUND WITH CREED SCHOOL

Week beginning 6th May 2024

This week, Kwilkyn have made some representative blood samples using golden syrup, red food colouring, vegetable oil and milk as part of their Circulatory System topic. Once they had combined the different ingredients, they could see the layers that represent the components of blood (plasma, white blood cells and platelets and red blood cells). Good work, Kwilkyn!

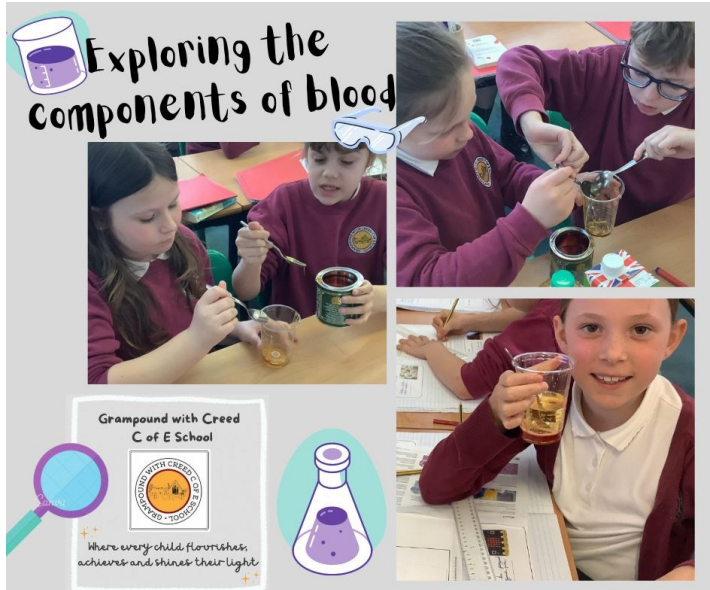
It was a beautifully sunny day for Art club this week so we took our paints and clipboards onto the school field to explore how to make different shades and hues of colour. The children particularly enjoyed creating unique names for the colours they had created and once again, it was so lovely to see such collaboration amongst our youngest and oldest pupils in the school.

A huge congratulations to Sebastian from Kwilkyn who got from Kwilkyn who got man of the match today in his team, St Stephen Under 's, football match against Indian Queens. He scored an awesome goal too and we are very proud of him.

As we move into next week, we'd like to wish our year six pupils the best of luck ahead of their SATs assessments. You've all worked extremely hard and we are very proud of you and all you have achieved.

Have a lovely weekend - we hope you enjoy some sunshine!

Miss Jane



Diary Dates



May

13th May - 16th May - Year 6 SATs week

20th - 22nd May - Y5&6 Residential to North Devon

June

3rd - 7th Swimming - Yrs 3/4/5/6 at Polkyth

20th - Life Skills - Y5

27th - Welcome Day for Y6 at the Roseland



This week's
Attendance

Pedrevan
86.54%

Lostledan
98.05%

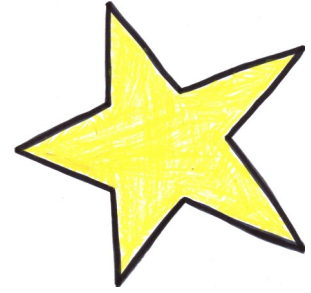
Kwikyn
94.71%

This week's
Awards



Pedrevan

Elijah for getting more
confident in the classroom
environment



Lostledan

Oliver for great enthusiasm in our
Science experiment with the flowers

Kwikyn

Ben for his commitment to looking
after our plants and raising funds for
the school!



BE THE LIGHT
MATTHEW 5:15

School Dinners

The cost for School Dinners is £2.41 which you order via Parentpay. If you are having problems, please contact the office.

Breakfast Club - 7:45am to 8:30am (£3.50)

After School Club - 3pm to 6pm (£3.00, £4.00 & £6.50)

Please book your child either on Parentpay or contact the school office for half an hour sessions.

School Uniform

Uniform can be purchased from Cornwall Screenprint who can be contacted on 01726 68689 or email infor@cornwallscreenprint.co.uk

School Office - 01726 882644

Email

gwc-secretary@rainbowacademy.org.uk

<https://grampound-creed.eschools.co.uk/web/home>

Wraparound Care

Contact Information

Sickness and Absences

Please be reminded that all absences must be reported by ringing the school office on 01726 882644. If your child has a cough or a cold they should still come to school unless you feel they are too unwell to be here; in which case they should stay at home and rest until they are well enough to return.

Important Notice

Important Notice! Any clubs or organisations who we advertise through our Newsletter and are not affiliated with Grampound with Creed School are reminded that they must have the necessary insurance, qualifications and DBS checks in place. This is to ensure the welfare of the children and is not the responsibility of Grampound with Creed School.



If you are in need of some uniform we have a range of pre-loved items available for a donation. Please contact Mrs. Warren on 07712262471 to discuss any items you need.



Please ensure that the school is informed before 2.45pm if anyone other than parents are collecting your child/ren.

If you have a number of people who pick up, please contact the office to ensure that we know who they are and that they have permission on that day.

Autumn Term After School Clubs

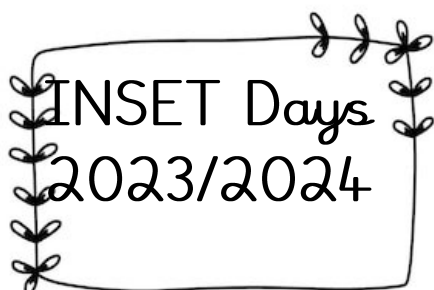
Mondays - Mrs Grubb - Ballet Club

Mondays - Miss Evens - Recorder Club

Tuesdays - Mrs Martin - Gardening Club (Rec/Y1/Y2)

Thursdays - Mr Keyes - Running Club

Fridays - Argyle - Football Club



22nd, 23rd and 24th July 2024

Next Academic Year - 3rd Sept 2024,
22nd Nov 2024, 6th & 7th Jan 2025
and 23rd July 2025

Residentials
2023/2024

20th - 22nd May Y5&6 North Devon

1st - 3rd July Y3&4 Porthpean

HOUSEHOLD SUPPORT FUND

We have been asked by Cornwall Council to share the information below with you in regard to the Household Support Fund

The entitlement criteria for automatic payments from the Household Support Fund is changing.

In order to be entitled to a payment from the Household Support Fund scheme in 2024, you must be responsible for at least one child and on 3rd June 2024 either:

- be entitled to Council Tax Support or
- have been placed in emergency accommodation by the Council You will receive £80 per child. If you are already in receipt of Council Tax Support, then you don't have to do anything else – you will receive your payment automatically.

To find out if you are eligible for Council Tax Support, please check the information here <https://www.gov.uk/benefits-calculators> .

You can make a claim for Council Tax Support by using this link <https://www.cornwall.gov.uk/benefits-and-support/council-tax-support/apply-for-council-tax-support/>

It is important that you submit your application by 31st May 2024.

You may also be entitled to help from the Household Support Fund via one of the Household Support Fund partners. Their details can be found here <https://www.cornwall.gov.uk/benefits-and-support/household-support-fund/>

Why have we made this change?

Because entitlement to Free school meals has been protected since 2018, parents of children who are entitled to free school meals aren't always still on a low income. By using our Council Tax Support data, we can ensure that the Household Support Fund awards are going to parents who currently have a low income and are struggling with the increased costs of running their home. By better targeting the awards, we are able to help families with children of any age, rather than just school age children.

Families of children in receipt of free school meals can still access help through the Time2Move holiday programme. This scheme offers fun physical activities, games and wider activities plus a meal for all children during the main school holiday periods.



'If Nature Thrives - We All Thrive'

You are invited to the opening ceremony of the newly built and installed notice-board at the entrance of Friends of the Fal where Michael Bunney together with Shirley Turner will be cutting the ribbon to commemorate the occasion on 15th May 2024 at 5 pm.

The funding came from the Grampound Community Benefit Fund through Grantscape and has been handcrafted by local Grampound resident and cabinet maker, Ben Dyson.

Please join us for an opportunity to celebrate his outstanding craftsmanship and an amenity that everyone in the village can enjoy.

There is no better time than this to take a chance to walk through Friends of the Fal, appreciate the amazing array of wildflowers seen in the woodlands and see the work Friends of the Fal has been doing towards increasing local biodiversity and wildlife.

Together for Families Parenting

Parenting Workshops

April - August 2024



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards



www.cornwall.gov.uk/parenting

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays 18:00-20:00	22.04.24-08.07.24 Virtual MS Teams
Ages 1-3	Wednesdays 09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8	Tuesdays 12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8	Mondays 18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11	Thursdays 12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11	Wednesdays 18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	15.05.24-24.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	02.05.24-04.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04.24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub





Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Parenting Young People aged 12 - 18

SELECT A SERVICE

<p>Take 3 - Virtual</p> <p>This is a 10-week online delivered virtually... Read more</p> <p>Fee - 2 hours</p>	<p>Take 3 - Bodmin Family Hub</p> <p>This is a face-to-face course delivered over... Read more</p> <p>Fee - 2 hours</p>
<p>Take 3 - Callington Family Hub</p> <p>This is a face-to-face course delivered over... Read more</p> <p>Fee - 2 hours</p>	<p>Take 3 - Hayle Family Hub</p> <p>This is a face-to-face course delivered over... Read more</p> <p>Fee - 2 hours</p>



Supporting Healthy Relationships Workshops

SELECT A SERVICE

<p>Me, You and Baby Too - Virtual - (30 Jan, 6 and 12 Feb)</p> <p>This is a virtual series of 3 sessions running... Read more</p> <p>2 hours</p>	<p>Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5...</p> <p>This is a face-to-face series of 3 sessions... Read more</p> <p>2 hours</p>
<p>Me, You and Baby Too - Penzance Family Hub (12, 19, and 26...</p> <p>This is a face-to-face series of 3 sessions... Read more</p> <p>2 hours</p>	<p>Arguing Better - Virtual - (30 Jan, 6 and 12 Feb)</p> <p>This is a virtual series of 3 sessions running... Read more</p> <p>2 hours</p>

ADD YOUR DETAILS

First and last name *

Email *

Address *

Phone number *

Notes

Add any special requests



Parenting children aged 0 to 11

SELECT A SERVICE

<p>Virtual - Understanding your child (ages 1 to 3)</p> <p>This is a Virtual course delivered on Mondays... Read more</p> <p>2 hours</p>	<p>Understanding your child (ages 1 - 3) Bodmin Family Hub</p> <p>This is a face-to-face course delivered over... Read more</p> <p>2 hours</p>
<p>Understanding your child (ages 1 - 3) Troon Family Hub</p> <p>This is a Face to Face course delivered over... Read more</p>	<p>Understanding your child (ages 1 to 3) The Park Family Hub</p> <p>This is a Face to Face course delivered over... Read more</p>

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



www.cornwall.gov.uk

Guidance on infection prevention and control in schools and childcare settings[#]

Updated: November 2022

Remember you can help prevent the spread of infections by checking children have had their routine immunisations, maintaining a clean environment, and ensuring good personal hygiene (among staff and children), especially ensuring regular hand washing.

UK Health Security Agency (UKHSA) Health Protection Team

For outbreaks or advice please contact the UKHSA South West Centre HPT on 0300 3038162 or email SWHPT@UKHSA.GOV.UK



Managing specific infectious diseases: A to Z
bit.ly/DiseasesAtoZ



Exclusion Table
bit.ly/ExclusionTable



Campaign resource centre
bit.ly/PHEResources



Outbreak Action Cards and Poster Centre
bit.ly/OutbreakActionCards

Rashes and skin infections	Recommended period to be kept away from school or childcare setting	Comments
Chickenpox and shingles	Five days from onset of rash and until all lesions have crusted over	Advise pregnant women to contact their GP if exposed and unsure if they have previously been infected
Cold Sores (Herpes Simplex)	None	Cold sores remain contagious until they are completely healed. They are generally mild and heal without treatment (7-10 days). Avoid kissing and close skin to skin contact of the sore - Don't share items that come into contact with the affected areas (cutlery / lip balm)
Hand, Foot and Mouth	None	Contact your UKHSA HPT if many children are affected. Exclusion may be considered in some circumstances
Impetigo	Until lesions are crusted over or 48 hours after antibiotic treatment has been started	Impetigo is highly infectious, and it is spread by direct contact. Antibiotic treatment speeds healing and reduces the infectious period
Measles*	Excluded as soon as measles is suspected until five days after the onset of rash	Contact UKHSA HPT as soon as measles cases are notified to the school. Preventable by immunisation (MMR x2 doses). Promote MMR for all pupils and staff. - Advise staff contacts who are pregnant, unimmunised or have weakened immune systems to contact their GP immediately
Molluscum contagiosum	None	A self-limiting condition. The lesions will resolve over time without any treatment
Parvovirus or Fifth disease (slapped cheek)	None (once rash has developed)	Request parents notify the school so that pregnant contacts can be advised to consult GP or midwife following exposure
Panton-Valentine Leucocidin (PVL)	None if they feel well	Individuals should not take part in contact sports or use communal gym equipment until their skin lesion has totally healed. For further guidance contact UKHSA HPT
Ringworm (incl foot ringworm - athlete's foot)	Exclusion is not required for individuals with athlete's foot. Individuals with skin and scalp ringworm can return to school once they have started treatment with anti-fungal agents	Treatment is required
Rubella (German Measles)*	Six days from onset of rash	Preventable by immunisation (MMR x2 doses). See UKHSA document above. Advise pregnant staff contacts to seek prompt advice from their GP
Scabies	Until after the first treatment has been completed	Household and close contacts require treatment at the same time. In the event of 2 or more suspected cases, contact UKHSA HPT
Scarlet Fever*	Exclude until 24 hours of appropriate antibiotic treatment complete	A person is infected for 2-3 weeks if antibiotics are not administered. In the event of 2 or more suspected cases, contact UKHSA HPT
Warts and Verrucas	None	Verrucas should be covered in swimming pools, gymnasiums and changing rooms

Respiratory infections	Recommended period to be kept away from school or childcare setting	Comments
COVID-19	Until temperature has resolved and they are well enough. If tested positive, child should stay home for 3 days.	Report outbreaks in line with local policy
Flu (Influenza)	Until recovered	Report outbreak to your local UKHSA HPT
Tuberculosis*	When diagnosed with TB a treatment team will assess whether other people are at risk of infection and require screening	Requires prolonged close contact for spread. Only pulmonary TB is infectious to others. Always consult your local UKHSA HPT before disseminating information to staff/carers
Whooping Cough* (Pertussis)	Until they have had 48 hours of appropriate antibiotic treatment and feel well enough to return. OR after 21 days from onset of illness if no antibiotic treatment has been taken	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your UKHSA HPT will organise any contact tracing necessary

Diarrhoea and vomiting illness	Recommended period to be kept away from school or childcare setting	Comments
Infectious Diarrhoea and Vomiting (Gastroenteritis) Bacteria Campylobacter Salmonella Shigella (bacillary dysentery) E.coli O157 Viruses Rotavirus Small round structured viruses (e.g. Norovirus or Winter Vomiting Disease) Parasites Cryptosporidium Giardia	Should be regarded as very infectious and must be kept away from school until the diarrhoea and vomiting has stopped for at least 48 hours They must have been passing normal stools for at least 48 hours Some Gastro infections (Like E.coli O157) require microbiology clearance and UKHSA will advise on these	An infection in the gut causing diarrhoea and vomiting (gastroenteritis) can be easily passed to others. Good hygiene, in particular handwashing and environmental cleaning, are important to minimise any danger of spread. Exclusion from swimming is advisable for two weeks after the diarrhoea has settled. If an outbreak occurs, consult UKHSA HPT A diarrhoea and vomiting checklist for schools can be found in the UKHSA health protection in schools guidance (QR code above)

Other infections	Recommended period to be kept away from school or childcare setting	Comments
Conjunctivitis (bacterial or viral)	Exclusion is not required unless they are particularly unwell	Advise parents to seek advice immediately if there is a possibility their baby has infective conjunctivitis. If an outbreak/cluster occurs, consult your UKHSA HPT
Diphtheria*	Exclusion is essential. Always consult with your UKHSA HPT	Preventable by vaccination. Family contacts must be excluded until cleared to return by your UKHSA HPT. UKHSA HPT will organise any contact tracing necessary
Glandular Fever	None	Spread is by saliva, usually through kissing or being in close contact with a carrier
Head Lice	None	Treatment is recommended only in cases where live lice have been seen
Hepatitis A*	Exclude until seven days after onset of jaundice (or seven days after symptom onset if no jaundice)	Household contacts of individuals with Hepatitis A may occasionally require exclusion from school. Contact local UKHSA HPT who will advise on any action needed
Hepatitis B*, C*, HIV/AIDS	None if they are well enough	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact. See UKHSA guidance document above
Meningococcal Meningitis*/Septicaemia*	Until recovered. There is no reason to exclude any siblings or other close contacts of the case from school	Meningitis ACWY and B are preventable by vaccination. Contact local UKHSA HPT who will advise on any action needed
Meningitis* due to other bacteria	Until recovered	Hib and Pneumococcal Meningitis are preventable by vaccination. Contact local UKHSA HPT who will advise on any action needed
Meningitis viral*	Until recovered There is no reason to exclude any siblings or other close contacts of the case from school	Milder illness than bacterial meningitis.
Mumps (paramyxovirus)*	Exclude child for five days after onset of swelling	It is very contagious and spread in saliva, the same way as a cold or flu. Preventable by vaccination (MMR x2 doses). Promote MMR to pupils and staff
Worm infestations (including hookworm, roundworm, tapeworm, threadworm, and whipworm)	None	Treatment is recommended for the child and household contacts

November 2022 (v2.008)

[#] Pre-school, nursery, or childminder

* denotes a notifiable disease. It is a statutory requirement that doctors report a notifiable disease to the proper officer of the local authority (for some local authorities, this may be UKHSA) In addition, you may need to inform other regulating bodies, for example Office for Standards in Education (OFSTED) or Care Quality Commission (CQC). Please follow local policy.