

What is R.E.?

R.E. to us is hope, kindness, forgiveness, respect and love for Jesus.

R.E. stands for Religious Education and it helps us to self-reflect, so that we can learn from our mistakes and look after our mental wellbeing. Learning about God and lessons from the Bible – as well as lessons from our own lives – helps us to develop a growth mindset. You might have a fixed mindset at first, but anyone can build a growth mindset, if you believe in yourself. God can help us, but so can we, as well as our family, friends and teachers.

We know that it is important to learn from other religions too, such as Hinduism, Buddhism, Paganism, Judaism, Sikhism and Islam. R.E. teaches us that we should respect others' beliefs, because we will meet lots of different kinds of people in our lives. We can show respect by understanding their beliefs and practices. No matter the colour of your skin, or the faith that you follow, everybody deserves respect.

As we respect others around us, we should also respect the World. By taking care of the World, it will repay us. As part of R.E., we enjoy giving back to the World by raising money and awareness and showing kindness for people or animals who are less fortunate than us.

Follow your heart.

