



GRAMPOUND WITH CREED SCHOOL



Week beginning 2nd September 2024

A huge welcome back! We hope you have had a fantastic summer break. It has been a wonderful week across the school and so lovely to see the children back. Our reception children have settled in brilliantly and I'm particularly proud of the older children across the school who have supported the younger pupils so well at break and lunch times.



Thank you so much to those of you who were able to join us for our meet the teacher sessions – it was great to have you all back in school and have the opportunity to meet Mrs Bandara and Mrs Snell. If you weren't able to join us for this, look out on class dojo where the information about the upcoming school year has been posted.



Your child/ren will be coming home today with an updated data collection sheet and home-school agreement. We ask that this is returned as soon as possible so that we can ensure we have the correct up to date information.

On Tuesday afternoon, we are giving parents the opportunity to come into school and join our learning for the final part of the afternoon. Feel free to arrive from 2:30pm to join your children in class.

Have a wonderful weekend and see you next week.

Miss Jane

Diary Dates



September

Thursday 5th September

3:30pm - 4pm

Meet the teacher

Saturday 7th September

Grampound Carnival

Tuesday 10th September

2:15pm - 3pm

Open Afternoon for parents

October

Monday 7th October

2pm

Provisional date for Harvest Festival at St. Nun's Church

Monday 21st and Tuesday 22nd October Parent Consultations

3:30pm - 5:30pm



This week's
Attendance

Pedrevan
100%

Lostledan
100%

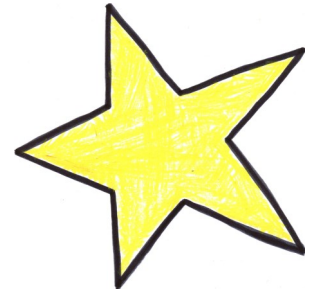
Kwikyn
100%

This week's
Awards



Pedrevan

- Jessica for super practising of name writing this week



Lostledan

Ivy D for sharing her fantastic design skills and wisdom with her peers. She creatively taught us how to make a two legged chair using straws.

Kwikyn

Indigo for being a great support to both me, and other children in the classroom this week. You have shown exemplary behaviour and a great attitude to all of your learning this week!



BE THE LIGHT
MATTHEW 5:15

School Dinners

The cost for School Dinners is £2.41 which you order via Parentpay. If you are having problems, please contact the office.

Breakfast Club - 8:00am to 8:30am (£3.50)

After School Club - 3pm to 5pm (£3.00, £4.00 & £6.50)

Please book your child either on Parentpay or contact the school office for half an hour sessions.

School Uniform

Uniform can be purchased from Cornwall Screenprint who can be contacted on 01726 68689 or email infor@cornwallscreenprint.co.uk

School Office - 01726 882644

Email

gwc-secretary@rainbowacademy.org.uk

<https://grampound-creed.eschools.co.uk/web/home>

Wraparound Care

Contact Information

Sickness and Absences

Please be reminded that all absences must be reported by ringing the school office on 01726 882644. If your child has a cough or a cold they should still come to school unless you feel they are too unwell to be here; in which case they should stay at home and rest until they are well enough to return.

Important Notice

Important Notice! Any clubs or organisations who we advertise through our Newsletter and are not affiliated with Grampound with Creed School are reminded that they must have the necessary insurance, qualifications and DBS checks in place. This is to ensure the welfare of the children and is not the responsibility of Grampound with Creed School.



If you are in need of some uniform we have a range of pre-loved items available for a donation. Please contact Mrs. Yelland on 07841685807 to discuss any items you need.

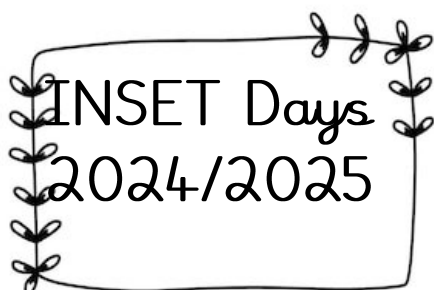


Please ensure that the school is informed before 2.45pm if anyone other than parents are collecting your child/ren.

If you have a number of people who pick up, please contact the office to ensure that we know who they are and that they have permission on that day.

Autumn Term After School Clubs

More information coming soon...



Monday 25th November 2024

Monday 6th & Tuesday 7th January
2025

Wednesday 23rd July 2025

Residentials
2024/2025

More information to follow....

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.



2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.



3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.



4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.



5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.



6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.



7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.



8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.



9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.



10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.



Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



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