



GRAMPOND WITH CREED SCHOOL



Week beginning 26th February 2024

As you will be aware, we are continuing to work with our families to raise our whole-school attendance and your support with this is vital. In recent weeks, we've seen a rise in viral infections and other illnesses going around which has impacted the attendance of many of our pupils. It is rare for a child not to need some time off poorly during the course of a year and we do not expect anyone to send their child in when they are not well enough to take part in lessons. However, we ask that if your child is absent from school, their absence is reported via telephone call to the school office so that we can discuss the reasons for the absence and offer any support that may be required. The Department for Education have recently released some useful guidance for parents and part of this includes the NHS publication 'Is my Child too Ill for School' This states that your child should be sent to school with a minor [cough](#) or [common cold](#) unless they have a fever. More information and advice about whether or not to send your child to school can be found here <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



Support your child's development for FREE

and get unlimited access by scanning
the QR code below*



The best parenting advice
and activity ideas for
children aged birth to five
shared by our community
of parents and experts.



Scan to
get started



*For full terms and conditions, please visit easypeasyapp.com/terms

Mrs Hayes kindly shared information about this new app via class dojo this week. This amazing resource is completely FREE and you can get unlimited access by simply scanning the QR code below.

Here, you can access parenting advice and free activity ideas for children aged birth to five.

Next week, we are looking forward to celebrating World Book Day on Thursday 7th March. Your child is invited to dress up as their favourite book character. If you require any support with this, please do not hesitate to let us know! We would be grateful if you could ensure your child wears appropriate footwear.

Have a great weekend.

Miss. Jane

Diary Dates



March

Thursday 7th March – World Book Day

Wednesday 20th March – Class Photos

Wednesday 20th March – Eucharist Service at St Nuns Church (parents welcome!)

April



This week's
Attendance

Pedrevan
100%

Lostledan
99.49%

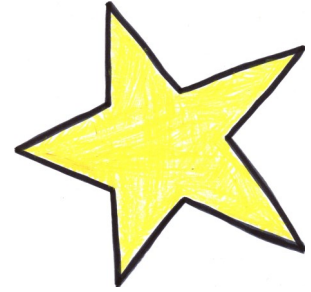
Kwikyn
97.12%

This week's
Awards



Pedrevan

Ray for showing great
enthusiasm in every aspect of
his learning



Lostledan

Zoe for being a fantastic role model and
shining her light in all her learning

Kwikyn

Keah for making incredible progress in
her reading!



BE THE LIGHT
MATTHEW 5:15

School Dinners

The cost for School Dinners is £2.41 which you order via Parentpay. If you are having problems, please contact the office.

Breakfast Club - 7:45am to 8:30am (£3.50)

After School Club - 3pm to 6pm (£3.00, £4.00 & £6.50)

Please book your child either on Parentpay or contact the school office for half an hour sessions.

School Uniform

Uniform can be purchased from Cornwall Screenprint who can be contacted on 01726 68689 or email infor@cornwallscreenprint.co.uk

School Office - 01726 882644

Email

gwc-secretary@rainbowacademy.org.uk

<https://grampound-creed.eschools.co.uk/web/home>

Wraparound Care

Contact Information

Sickness and Absences

Please be reminded that all absences must be reported by ringing the school office on 01726 882644. If your child has a cough or a cold they should still come to school unless you feel they are too unwell to be here; in which case they should stay at home and rest until they are well enough to return.

Important Notice

Important Notice! Any clubs or organisations who we advertise through our Newsletter and are not affiliated with Grampound with Creed School are reminded that they must have the necessary insurance, qualifications and DBS checks in place. This is to ensure the welfare of the children and is not the responsibility of Grampound with Creed School.



If you are in need of some uniform we have a range of pre-loved items available for a donation. Please contact Mrs. Warren on 07712262471 to discuss any items you need.



Please ensure that the school is informed before 2.45pm if anyone other than parents are collecting your child/ren.

If you have a number of people who pick up, please contact the office to ensure that we know who they are and that they have permission on that day.

Autumn Term After School Clubs

Mondays - Mrs Grubb - Maths (Y5&6)

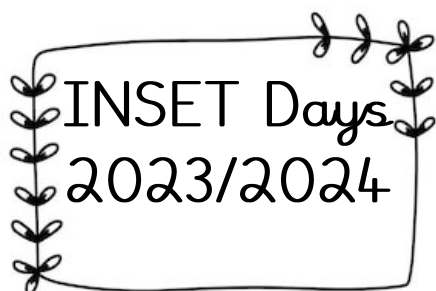
Mondays - Miss Evens - Singing Club

Tuesdays - Mrs Martin - Creative Writing

- Thursdays - Mrs Hayes - Wild Tribe

Thursdays - Mr Keyes - SATs Club (Y6)

Fridays - Mr Webb - Sports Club (Rec/1/2/3)



22nd, 23rd and 24th July 2024

Anxiety Explained

Do you, or your children (especially your teens) suffer from anxiety?
Would you like to know what anxiety is and gain some understanding on how to manage it?



A two-hour online talk delivered by
Jane Keyworth, Lead Facilitator at **FACE**
THURSDAY MARCH 7th. 7-9PM £24
Available to book now facefamilyadvice.co.uk

Are you or your children struggling
to get a decent night's sleep?



Supporting Healthy Sleep

5th March 7-9pm £24

Jane Keyworth, Lead Facilitator at **FACE**
giving a two hour online talk on what interferes with
healthy sleep and how we can make small changes to
reduce insomnia and sleep disturbances.

Book online at facefamilyadvice.co.uk



Funded by
UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT



07312 263 499



Get
**confidential
health and
wellbeing advice
and support**



Together for Families



Council of the
ISLES OF SCILLY

www.cornwall.gov.uk/chathealth

World Book Day
Special Menu – 7th March 2024

On World Book Day there will be a special menu, please choose from

Toad in the Hole with pork sausages & onion gravy
with peas & carrots

or

Toad in the Hole with veggie sausages & onion gravy
with peas & carrots

or

Jacket Potato with a choice of fillings

or

Tomato Pasta

Please place your order on Parentpay by 6th March 2024.

Guidance on infection prevention and control in schools and childcare settings[#]

Updated: November 2022

Remember you can help prevent the spread of infections by checking children have had their routine immunisations, maintaining a clean environment, and ensuring good personal hygiene (among staff and children), especially ensuring regular hand washing.

UK Health Security Agency (UKHSA) Health Protection Team

For outbreaks or advice please contact the UKHSA South West Centre HPT on 0300 3038162 or email SWHPT@UKHSA.GOV.UK



Managing specific infectious diseases: A to Z

bit.ly/DiseasesAtoZ



Exclusion Table

bit.ly/ExclusionTable



Campaign resource centre

bit.ly/PHEResources



Outbreak Action Cards and Poster Centre

bit.ly/OutbreakActionCards

Rashes and skin infections	Recommended period to be kept away from school or childcare setting	Comments
Chickenpox and shingles	Five days from onset of rash and until all lesions have crusted over	Advise pregnant women to contact their GP if exposed and unsure if they have previously been infected
Cold Sores (Herpes Simplex)	None	Cold sores remain contagious until they are completely healed. They are generally mild and heal without treatment (7-10 days). Avoid kissing and close skin to skin contact of the sore - Don't share items that come into contact with the affected areas (cutlery / lip balm)
Hand, Foot and Mouth	None	Contact your UKHSA HPT if many children are affected. Exclusion may be considered in some circumstances
Impetigo	Until lesions are crusted over or 48 hours after antibiotic treatment has been started	Impetigo is highly infectious, and it is spread by direct contact. Antibiotic treatment speeds healing and reduces the infectious period
Measles*	Excluded as soon as measles is suspected until five days after the onset of rash	Contact UKHSA HPT as soon as measles cases are notified to the school. Preventable by immunisation (MMR x2 doses). Promote MMR for all pupils and staff. - Advise staff contacts who are pregnant, unimmunised or have weakened immune systems to contact their GP immediately
Molluscum contagiosum	None	A self-limiting condition. The lesions will resolve over time without any treatment
Parvovirus or Fifth disease (slapped cheek)	None (once rash has developed)	Request parents notify the school so that pregnant contacts can be advised to consult GP or midwife following exposure
Panton-Valentine Leucocidin (PVL)	None if they feel well	Individuals should not take part in contact sports or use communal gym equipment until their skin lesion has totally healed. For further guidance contact UKHSA HPT
Ringworm (incl foot ringworm - athlete's foot)	Exclusion is not required for individuals with athlete's foot. Individuals with skin and scalp ringworm can return to school once they have started treatment with anti-fungal agents	Treatment is required
Rubella (German Measles)*	Six days from onset of rash	Preventable by immunisation (MMR x2 doses). See UKHSA document above. Advise pregnant staff contacts to seek prompt advice from their GP
Scabies	Until after the first treatment has been completed	Household and close contacts require treatment at the same time. In the event of 2 or more suspected cases, contact UKHSA HPT
Scarlet Fever*	Exclude until 24 hours of appropriate antibiotic treatment complete	A person is infected for 2-3 weeks if antibiotics are not administered. In the event of 2 or more suspected cases, contact UKHSA HPT
Warts and Verrucas	None	Verrucas should be covered in swimming pools, gymnasiums and changing rooms

Respiratory infections	Recommended period to be kept away from school or childcare setting	Comments
COVID-19	Until temperature has resolved and they are well enough. If tested positive, child should stay home for 3 days.	Report outbreaks in line with local policy
Flu (Influenza)	Until recovered	Report outbreak to your local UKHSA HPT
Tuberculosis*	When diagnosed with TB a treatment team will assess whether other people are at risk of infection and require screening	Requires prolonged close contact for spread. Only pulmonary TB is infectious to others. Always consult your local UKHSA HPT before disseminating information to staff/carers
Whooping Cough* (Pertussis)	Until they have had 48 hours of appropriate antibiotic treatment and feel well enough to return. OR after 21 days from onset of illness if no antibiotic treatment has been taken	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your UKHSA HPT will organise any contact tracing necessary

Diarrhoea and vomiting illness	Recommended period to be kept away from school or childcare setting	Comments
Infectious Diarrhoea and Vomiting (Gastroenteritis) Bacteria Campylobacter Salmonella Shigella (bacillary dysentery) E.coli O157 Viruses Rotavirus Small round structured viruses (e.g. Norovirus or Winter Vomiting Disease) Parasites Cryptosporidium Giardia	Should be regarded as very infectious and must be kept away from school until the diarrhoea and vomiting has stopped for at least 48 hours They must have been passing normal stools for at least 48 hours Some Gastro infections (Like E.coli O157) require microbiology clearance and UKHSA will advise on these	An infection in the gut causing diarrhoea and vomiting (gastroenteritis) can be easily passed to others. Good hygiene, in particular handwashing and environmental cleaning, are important to minimise any danger of spread. Exclusion from swimming is advisable for two weeks after the diarrhoea has settled. If an outbreak occurs, consult UKHSA HPT A diarrhoea and vomiting checklist for schools can be found in the UKHSA health protection in schools guidance (QR code above)

Other infections	Recommended period to be kept away from school or childcare setting	Comments
Conjunctivitis (bacterial or viral)	Exclusion is not required unless they are particularly unwell	Advise parents to seek advice immediately if there is a possibility their baby has infective conjunctivitis. If an outbreak/cluster occurs, consult your UKHSA HPT
Diphtheria*	Exclusion is essential. Always consult with your UKHSA HPT	Preventable by vaccination. Family contacts must be excluded until cleared to return by your UKHSA HPT. UKHSA HPT will organise any contact tracing necessary
Glandular Fever	None	Spread is by saliva, usually through kissing or being in close contact with a carrier
Head Lice	None	Treatment is recommended only in cases where live lice have been seen
Hepatitis A*	Exclude until seven days after onset of jaundice (or seven days after symptom onset if no jaundice)	Household contacts of individuals with Hepatitis A may occasionally require exclusion from school. Contact local UKHSA HPT who will advise on any action needed
Hepatitis B*, C*, HIV/AIDS	None if they are well enough	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact. See UKHSA guidance document above
Meningococcal Meningitis*/Septicaemia*	Until recovered. There is no reason to exclude any siblings or other close contacts of the case from school	Meningitis ACWY and B are preventable by vaccination. Contact local UKHSA HPT who will advise on any action needed
Meningitis* due to other bacteria	Until recovered	Hib and Pneumococcal Meningitis are preventable by vaccination. Contact local UKHSA HPT who will advise on any action needed
Meningitis viral*	Until recovered There is no reason to exclude any siblings or other close contacts of the case from school	Milder illness than bacterial meningitis.
Mumps (paramyxovirus)*	Exclude child for five days after onset of swelling	It is very contagious and spread in saliva, the same way as a cold or flu. Preventable by vaccination (MMR x2 doses). Promote MMR to pupils and staff
Worm infestations (including hookworm, roundworm, tapeworm, threadworm, and whipworm)	None	Treatment is recommended for the child and household contacts

November 2022 (v2022)

[#] Pre-school, nursery, or childminder

* denotes a notifiable disease. It is a statutory requirement that doctors report a notifiable disease to the proper officer of the local authority (for some local authorities, this may be UKHSA) In addition, you may need to inform other regulating bodies, for example Office for Standards in Education (OFSTED) or Care Quality Commission (CQC). Please follow local policy.